show our appreciation for Jerry and Don's commitment to this event.

wife, lady friend and/or a perspective member or just yourself and help

or soda and win some money at bingo for only $10.00. So bring your

eat hot dogs, hamburgers, a vast variety of side dishes, drink beer, wine

Ladies Day Picnic! This year it is on May 23rd. Where else can you

work on our annual picnic. These two throw a mean barbecue at our

Perhaps win a bottle of wine.

Please really try to come and enjoy friends, lunch, a guest speaker and

report that we had 70 members at our last lunch which brings us close.

Along the same line, our attendance goal for each meeting is 70% which

to death or lack of participation thus relinquishing their membership.

In the past nine months, we have lost nine members either

wife Joan and his family.

the bridge report? Our thoughts and condolences go out to his lovely

passed away in March. He will be missed by us

original and also the oldest member of Branch 150, our

members last month. Tom Bittner, one of the

As most of you know, we lost another one of

meeting and especially by the bridge players. Who can

forget his great "stories" each meeting along with

with the bridge report? Our thoughts and condolences go out to his lovely

wife Joan and his family.

This brings me to a subject that is always of concern- maintaining our

membership. In the past nine months, we have lost nine members either
to death or lack of participation thus relinquishing their membership.
In order to keep our branch vibrant and healthy, it is very important to
recruit new friends and neighbors (an average of at least one a meeting).
Along the same line, our attendance goal for each meeting is 70% which
currently translates to 74 members at every luncheon. I'm pleased to
report that we had 70 members at our last lunch which brings us close.
Please really try to come and enjoy friends, lunch, a guest speaker and
perhaps win a bottle of wine.

On a brighter note, Jerry Courter and Don Severance are hard at
work on our annual picnic. These two throw a mean barbecue at our
Ladies Day Picnic! This year it is on May 23rd. Where else can you
eat hot dogs, hamburgers, a vast variety of side dishes, drink beer, wine
or soda and win some money at bingo for only $10.00. So bring your
wife, lady friend and/or a perspective member or just yourself and help
show our appreciation for Jerry and Don's commitment to this event.
See you at April's luncheon.

As April approaches, I have to wonder how

many more wet days we are going to have this year. You
have to agree that this past winter has been
different then others. Rain amounts have been low
with an unusually warm February. March pulled a
fast one on us by giving us a very wet period of time.
I guess Mother Nature decided to help us out by giving us rain in the
valley and snow in the mountains.

This leads me to our speaker for April. My son Dave Rizzardo,
who is the Chief of the Department of Water Resources Snow Survey
section, will give us an insight of the program. Dave will talk about the
history of the snow survey program and the methods that the department
currently uses to forecast water supplies for each year.

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Nominations for 2013

By John Duffy

While Jim Dodge and I have been in conversation with one of our members about becoming next year's Little Sir nominee, we both want to offer the membership an opportunity to "step up to the plate" and VOLUNTEER to apply for next year's Little Sir position, moving into Big Sir in 2014. While it might seem a little "scary" at first, if you speak to ANY former Big Sir I know you will hear that the experience was well worth the time and effort and leaves one with a feeling of a job well done! So, don't wait for us to come to you - but be proud and STEP UP to serve. You won't regret it!
Joe Sweeney was born in Los Angeles in 1941. Dad was a Supervising Machinist in an aircraft factory. He was the oldest of three with a brother and sister. At the time, his Mom was not working. But as the war went on, Dad taught her to be a machinist and off she went to become Rosie the riveter. The family stayed in LA until he completed second grade and then moved to Vallejo. Dad took a job in a dredging company operation in the Yuba goldfields, but Joe did not have to leave Vallejo. They stayed there all the way through high school. Joe learned the importance of work early. In his junior year he worked after school hours, on weekends and during summers in a store.

Joe decided to sign up with the National Guard before he graduated from high school. That occurred one evening and then he left for Fort Ord the next day. After basic training, he headed to Fort Bliss to attend Artillery School. After finishing, he returned to Vallejo to go to work for J.J. Newberry, a department store. All of his commitments were held in the United States including his unit’s involvement during the Watt’s riots in Los Angeles.

In 1963 Joe met his wife to be, Betty, a college student who worked for “Farmer’s Rice.” When she graduated they were married. By 1970 they had two daughters and Joe was manager of the Merrill Discount Drug Store in Vallejo. Joe and Betty were very active with their daughters. They went on many family camping trips, and encouraged their participation in sports. Both girls played soccer; and Joe, who by now had moved to Napa, coached them for many years. Joe also served as the league president for several terms. Although I never was a president, I know from my own experience with the Rancho Cordova Club, that it is just about a full time job.

Joe decided to venture out and became a sales representative which connected him to several apparel companies. He became regional sales manager for Excell Home Fashions. This involved an incredible amount of travel. But, Joe said the travel miles he earned enabled him to move up to first class for the longer trips, or to take Betty, and maybe the kids, on the buying missions. These sales and modeling conventions were all over - Seattle, Dallas, Atlanta, etc. At this time Benjamin Franklin stores were franchised and Joe bought the store in Santa Rosa. There were still some conventions to go to, but the family was now involved in the store activities. Joe, Betty and his oldest daughter were full (or more) time. His younger daughter worked when she was home from college. Joe closed the store and retired in 2004. Shortly afterwards, he and Betty moved to Sacramento to be near the younger daughter, a contractor with the State. The older daughter works for a company involved in manufactured and custom homes. They now do most of the families vacation travel in a big RV and have been to more monuments and parks than you can count. They now have 2 grand-daughters. Joe met Jim Rae at church and was interested enough to allow Jim to bring him to a meeting in June of 2008. And, he is still coming.

Of course you men know a proverb is a short well known expression that states a general truth or gives advice. Women love to use them, because we can slip a point across without you fellows getting all pushed out of shape. A good example of this is, “Don’t look a gift horse in the mouth.” The origin of this proverb is quite interesting. The Phrase Finder, explains it in this manner: As horses age their teeth begin to project further forward each year, and you can estimate their age by checking how prominent the teeth are. A perfect example of how a wife could use this is the gift of pruning shears for Father’s Day. According to the proverb you men need to just suck it up, and don’t be ungrateful when you are given a gift.

Of course you men love to come back at us with the proverb, “A woman’s place is in the home,” when you feel you need to have time with the guys. The ancient Greeks are responsible for this phrase dating back to 467 B.C. If woman had bras then they would have started burning them. Thomas Fuller, 1654-1734, was an English physician, writer, and adage collector. He wrote, “A woman is to be from her house three times: when she is christened, married, and buried.” Somebody should have told Thomas: If you keep your feet firmly on the ground, you’ll have trouble putting on your pants. Time magazine made a big change to the proverb when it printed an article in 1970 on Bella Abzug campaign slogan, “This woman’s place is in the house: The House of Representatives.”

Of course you men know when we need a few things done around the house we fatter and assure you that you’re the right guy for the job. By golly, you hold the honor of being known as the, “Jack of all trades.” This phrase dates back to the 14th century, and it means a person that is competent with many skills. Jack is a generic term and isn’t making reference to an individual. Various trades were referred to by Jack: lumberjack, steeplejacks, and sailors were jack-tars. Poor Jack was kept busy by the fellows who failed to listen when their wives said, “If it ain’t broke, don’t fix it.”

Colonel Seton, a true gentleman, coined the phrase, “Woman and children first.” Its origin has an exact date, February 26, 1852. The HMS Birkenhead sank off the coast of South Africa carrying 480 British troops and about 26 women and children. When the ship was sinking Colonel Seton told the men to “stand fast,” and allow the women and children to make use of the lifeboats. All the women and children survived, but most of the soldiers and sailors drowned. “The women and children first” phrase later was called the “Birkenhead Drill.”

Times have changed and most of our grandchildren have never heard of a proverb. However, there is a proverb that continues to haunt us now and generations to come. This proverb was used by Benjamin Franklin in 1789, and will revisit us every April 15th. Of course you men know this one, “Nothing is certain but death and taxes!”

Put this on Your Schedule
Our ladies day SIR 150 Picnic is coming up,
It will take place on Wednesday, May 23, 2012,
This is the week after our regular scheduled meeting date,
so don’t forget to plan for this event.
It will be at the same location as last year

We are planning to keep the price at $10.00 per person again this year,
and the tickets will be on sale at our April meeting

We will have some activities this year, for more fun and food.
If you have any questions before our April meeting, call:
Don Severance 961-6668 or
Jerry Courter 353-0715
GOLF NEWS
Call Harold Doppelmayr at 922-6134 or his assistant Brent Souls at 726-6326 if you have questions or concerns. Tournament sign-ups are available at www.sir150.com or at each monthly luncheon and at all tournaments.

Cordova Golf Course
Weekly Tournament Play
Every Friday except the last Friday of the month, Sign-up when you show up.
The last Friday of each month (except Dec & Jan) is designated as a Scramble Tournament for which sign-ups are required.

2012 Away Tournaments

<table>
<thead>
<tr>
<th>Date</th>
<th>Location</th>
<th>Time</th>
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<tbody>
<tr>
<td>10-Apr</td>
<td>Mackenzie</td>
<td>9:30</td>
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<tr>
<td>24-Apr</td>
<td>Micke Grove</td>
<td>9:00</td>
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<tr>
<td>8-May</td>
<td>Empire Ranch</td>
<td>9:00</td>
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<tr>
<td>22-May</td>
<td>Diamond Oaks</td>
<td>9:00</td>
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<tr>
<td>5-Jun</td>
<td>Plumas Lake</td>
<td>9:00</td>
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<tr>
<td>19-Jun</td>
<td>Wildhawk</td>
<td>9:32</td>
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<tr>
<td>11-Jul</td>
<td>River Oaks</td>
<td>8:00</td>
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<tr>
<td>24-Jul</td>
<td>Ancil Hoffman</td>
<td>9:00</td>
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<tr>
<td>14-Aug</td>
<td>Diamond Oaks</td>
<td>9:00</td>
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<tr>
<td>28-Aug</td>
<td>Mather</td>
<td>9:00</td>
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<tr>
<td>11-Sep</td>
<td>Woodcreek</td>
<td>9:00</td>
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<tr>
<td>24-Sep</td>
<td>Mon Teal Bend</td>
<td>9:00</td>
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<tr>
<td>9-Oct</td>
<td>Cavanaugh</td>
<td>9:00</td>
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<tr>
<td>23-Oct</td>
<td>Mackenzie</td>
<td>9:30</td>
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<tr>
<td>13-Nov</td>
<td>Bing Maloney</td>
<td>9:00</td>
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<tr>
<td>27-Nov</td>
<td>Wildhawk</td>
<td>9:00</td>
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SANDBAGGERS OF THE MONTH

Cal Lambersom
Shot a net 57, 6 under par at Cordova.

New Feature at SIR150.com
The web site has an information page added, where tournament information will be posted when weather conditions may cause a cancellation. It will be used in place of sending out a mass e-mail to everyone. It will be each golfer’s responsibility to utilize it.

MEMBERSHIP NEWS
For detailed information contact Jim Rae at 967-4951. Printed rosters are available at the monthly meetings or an electronic copy can be requested from james.rae@att.net.

The following membership changes were reported at our March Meeting:
One member, Tom Bittner died. One member, Pete Eres was dropped for nonattendance. One application for Steve Robinson transferring from Branch 49 was approved. We now have 105 Active members and 17 Inactive members for a total of 122.
So far this year we have three new members so keep up the good work for 2012. We must bring in at least one new member each month to balance those leaving. Remember a potential new member receives a free lunch.

2012 Membership Roster Updates
For a copy of the Membership Roster see Jim Rae at a regular meeting.

Page 2 Change Golf Away Tournaments: Jun-05 Plumas Lakes
Page 4 Remove Tom Bittner
Page 5 Remove Al Casillas
Page 8 Remove: Ted Haag; Pete Eres
Page 14 Change John Rizzardo’s email: srizzardo@yahoo.com
Page 18 Add: Larry Sargeant, 985-7454, lsargeant@comcast.net; Bill McDonald, 363-3264; Steve Robinson 475-2201
Please notify Bob Carstroom or Jim Rae of any changes to the Membership Roster

TREASURER’S REPORT
For detailed information contact Ralph Tomson at 354-2236 or rotomson@att.net
Beginning cash balance January 1, 2012 $1,527.16
Cash receipts year to date 3,253.00
Disbursements year to date 3,354.61
Ending Cash Balance March 31, 2012 $1,425.55
February attendance total was 68 members and 1 guest.

FISHING NEWS
Monthly Breakfast Meetings: Jolly Hookers meet at Cordova Elks on the 2nd Friday at 8:00 AM. Wheels & Reels meet at Coco’s Restaurant on the 3rd Monday at 8:00 AM.
If you are a fisherman and want to enjoy like company, why not join us for breakfast. For more information, contact Bob Bonner at 961-5403
The Hookers fished Lake Berryessa in March. The weather forecast left some in doubt, but 17 fishermen trolled until the 1:30 weigh in, primarily targeting salmon. 23 fish were kept and many more were released. 5 Bass were caught but not counted. Most of the fish were caught off the down riggers between 40 and 90 feet deep on hoochies, needle fish, Rapallas - most tipped with a small piece of anchovy, herring or worm and trolled behind a 4/0 or silver larger dodger. Most trolled between 1.2 and 1.8 mph. The best fishing was early and slowed after 9:00. The winning fish was a 3# 6 oz King Salmon. A very nice lunch was served by three of the members. Water 53 F clear to 14 feet, air 38 – 58 F. High clouds, wind 0 – 8 mph, sunrise 7:22, 13 % Moon visible. Great outing. Good Fishing, Good Friends, and Good Food. The April Derby is scheduled for Collins Lake and the NDO is scheduled for either Lake Pardee or the Delta.

BRIDGE NEWS
For detailed information related to bridge meetings and schedules, contact Doug Hilton at 363-8751 or Lee Peterson at 635-4118
We will start Bridge up again on April 9th at 10:00 at IHOP’s on Sunrise in RC. We will continue to have Bridge on the second Monday of each month.

BOWLING NEWS
For detailed information related to bowling meetings and schedules, contact Brent Souls at 726-6326 or at brent_42@msn.com
Bowed in the City Tournament last week: Singles 691 series, Doubles 1371, Team 2751 (High games of 225, 217 & 257). In all events 2189 for 9 games.
League bowling holding around 7-10th place, losing many games by 1-5 pins.
Last week bowled 592 series. Only 1 month to go before banquet & summer layoff.
Pro bowler Steve Cook just purchase Fireside Lanes as the owners retired. Steve started bowling there when he was 17 years old. I watched him many times on Pro Bowlers Tour at a younger age. He indicated that he wanted to restore the bowling alley to what it looked like 20 years ago. First priority- new roof, 2nd Air Conditioning, then new bowling monitors & settees. He indicated this would all be done in 2 years.... everyone cheered!!
Tom Bittner also bowled in this league until he could no longer bowl. We won $$$$ in doubles a couple years ago. Tom passed away but is well remembered by all his fellow bowlers. Tom’s wife brought in some of his bowling shirts to the league secretary this week. Many bowlers will be attending his Funeral today. We will miss his friendly disposition.

Cal’s Garden
Well this year, besides what I mentioned being planted last month, I have planted tomatillos and okra in a starter box. Tomatillos are great for salsa, chili verde, or just plain fried. They also have an added advantage in that they can be used off the vine up until freezing. Okra is also great fried.
I’ve also planted dill and carrots in raised boxes. I tried lettuce, but nothing has sprouted after two seed plantings. It must be too early.
Everything else has to wait for warmer weather so don’t be tempted to buy those vegetable starters that are already showing up.
**Fun Stuff**

The first person to provide correct solution will receive a prize at the next regular meeting. Send your answers by e-mail to Bob Carlstroem at carlstroem@sir150.com or mail to 7990 South Lake Cir., Granite Bay, CA 95746. Last month, the best answer came from Bob Bonner.

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**Somewhere in this newsletter you can find the answers to these questions:**

1.) What is the goal for our attendance?

2) What sports were Joe’s girls involved with?

3) What is suppose to happen first if a ship is sinking?

4) What are the first names of the three new members this year?

5) Something with an “O” is suppose to be great fried. What is it?

6) this one is easy. Who are the “Sandbaggers”?

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**Honored Members**

<table>
<thead>
<tr>
<th>Past Big Sirs</th>
<th>Birthday Boys</th>
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<tbody>
<tr>
<td>1989 George Erkson *</td>
<td>Sesso Tony Apr-01</td>
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<td>1990 Jim Eastland *</td>
<td>Edelen Rick Apr-02</td>
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<td>1991 John Mahony *</td>
<td>Barthel Daniel O Apr-04</td>
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<td>1992 Lou Parton *</td>
<td>Means John W Apr-05</td>
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<td>1993 Ken Allard *</td>
<td>Neubacher Robert G Apr-07</td>
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<td>1994 Ruel Smith *</td>
<td>DeVillier John Apr-08</td>
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<td>1995 Bill McCarthy *</td>
<td>Livingston Earl Apr-10</td>
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<td>1996 Tom Wirth *</td>
<td>Kjome John D Apr-12</td>
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<td>1997 John Means</td>
<td>Carlstroem Bob Apr-13</td>
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<td>1998 Jim Delk</td>
<td>Steele Howard Apr-15</td>
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<td>1999 Bob Smith</td>
<td>Sweeney Joe Apr-15</td>
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<td>2000 Bob O’Neal</td>
<td>Trathen Robert Apr-15</td>
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<td>2001 Lou Joaquin *</td>
<td>Lawson Alan J Apr-20</td>
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<td>2001 Joe Ramay</td>
<td>Reed Charles J Apr-21</td>
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<td>2002 Bob Trathen</td>
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<td>2003 Jim Rae</td>
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<td>2004 Len Bloom</td>
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<td>2005 Don Severance</td>
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<td>2006 Bob Carlstroem</td>
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<td>2007 Jerry Courter</td>
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<td>2008 Stan Wirth</td>
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<td>2009 Chuck Reed</td>
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<td>2010 Jim Dodge</td>
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<td>2011 John Duffy</td>
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**Senior Sir**

Tom Bittner 2010
Earl Livingston 2011

**Honorary Life Member**

Jim Rae 2007
Don Severance 2010

* Deceased

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**NON RESPONSIBILITY DECLARATION:** All activities arranged for or by, or sponsored by, Sons In Retirement, Incorporated, and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons In Retirement, Incorporated, and its Branches do not assume any responsibility for the well being or safety of the participants or their property, in any matters pertaining to said activities. (Rule 345).

**PAYMENT FOR TRIPS AND TOURS:** Checks, money orders or credit cards for Travel for one day or less (no overnight), where a bus/busses is/are used as the primary means of transportation, may be made payable to the Branch sponsoring the event. All other checks, money orders or credit cards for travel must be made payable to the travel agency. (Rule 420 & 421).

**ATTENDANCE:** Members are obligated to attend all regular luncheon meetings unless prevented by illness or absence from the Branch locale. (Rule 60). REQUIRED ATTENDANCE - A member who misses three (3) consecutive meetings or who attends less than six (6) regular meetings of the last twelve (12) luncheon meetings may be notified, by letter, of the pending termination of his membership in SIR. (Rule 100 & 107).

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Bob Carlstroem, Editor
7990 South Lake Circle
Granite Bay, CA 95746

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**Crab Season**

A lawyer boarded an airplane in New Orleans with a box of frozen crabs and asked a blonde flight attendant to take care of them for him.

She took the box and promised to put it in the crew’s refrigerator for safe keeping. He advised her that he was holding her personally responsible for them staying frozen, mentioning in a very haughty manner that he was a lawyer, and proceeded to rant at her about what would happen if she let them thaw out. Needless to say, she was annoyed by his behavior.

Shortly before landing in New York, she used the intercom to announce to the entire cabin, “Would the lawyer who gave me the crabs in New Orleans please raise your hand?”

Not one hand went up, so she took them home and ate them.

---

Bob Carlstroem, Editor
7990 South Lake Circle
Granite Bay, CA 95746

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**Orangevale Branch**

150